

BAMBOO SPA

# PRODUCT CATALOG



2024 PRODUCT CATALOG





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## Skincare

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Shop Sanitas Skincare – We believe good skin health is the result of more than topical products – it’s a lifestyle. Our clean formulas of non-toxic, biogenic actives listen to your skin. Shop today. Ideal For All Skin Types. Gluten + Cruelty Free. Paraben + Dye Free. Types: Toners + Solutions, Exfoliants.

## Herbs/Supplements

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We have partnered with companies who have invested their time in producing high quality, effective and safe products. You can shop all these products worry-free knowing that we have selected these companies & their products only after researching their ingredients, how they are produced/harvested, and what these companies do to fulfill their missions.

## Essential Oils

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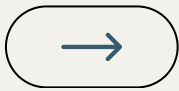
We carry a variety of doTERRA products including essential oils, body serums, toothpaste, handwash, and more! doTERRA sources, tests, manufactures, and distributes pure essential oils and natural wellness products to over nine million Wellness Advocates and customers.

## Other Products

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From diffusers to educational books & more, check out these pages for more products.



# Anti-Aging Skincare



## Anti-Aging Combo



This 3 product combo features some of our FAVORITE Sanitas products for anyone seeking the age-defy line up for their skincare! Whether you want say goodbye to those fine lines or wrinkles or even prevent you skin from appearing aged and developing age spots, these three products are for YOU! Pair this combo with a regularly scheduled **Revive or Illuminate Glo2Facial** for optimal results!



# The Anti-Aging Combo:



## Glycolic Citrus Cleanser

\$36.12 | This exfoliating, cleansing gel removes dead, dull skin buildup to pave the way for your serums and moisturizers to work more effectively. Improves the appearance of skin texture and leaves skin looking smoother, clearer and brighter.



## PeptiDerm Moisturizing Cream

\$100 | This ultra-luxe, daily moisturizer delivers concentrated hydration, helps brighten the look of dark spots and improves the appearance of wrinkles in dry and aging skin. Leaves skin looking and feeling smoother, dewier and more luminous.



## VitaRick Mask

\$33 | A creamy, nourishing mask for dry skin that infuses rich, fatty emollients and humectants to banish dryness and soothe itchy, flaky skin. Gentle enough for even sensitive skin, it leaves skin feeling softer, more supple and hydrated.





# Best Selling Cleansers!



## Lemon Cream Cleanser

\$22.35+ | Great for all skin types, this creamy, citrus-infused cleanser gently rids the skin of dirt, oil and make-up without stripping it of essential moisture. Leaves your skin looking and feeling softer, brighter and more refreshed.

## Milk & Honey Cleanser

\$35.12 | A rich, nourishing cleanser for dry skin that gently melts away dirt, oil and makeup without sacrificing much needed hydration. Helps with moisture retention to support the skin's natural barrier, restores clarity and leaves skin looking smoother and brighter and feeling baby soft.



**Visit our Online Store on  
our website to shop!**



# Acne Prone Skincare



## Beta Clarifying Cleanser

\$36.12 | This soap-free, exfoliating cleanser for oily or breakout prone skin helps dissolve skin surface sebum. And rid the skin of debris and blockages that are likely to clog pores. Used regularly, the appearance of pores is tighter, and skin appears brighter, clearer and visibly less red.



## Moisture Mist

\$17 | This hyaluronic acid-infused hydrating mist floods the skin with moisture binding humectants and amino acids. Moisture Mist is the perfect companion to serums and moisturizers and enhances their absorption. Not only that, it helps set mineral makeup. Great for an afternoon refresh or just when skin needs an added boost of hydration.



## Tea Tree Mask

\$37 | A purifying mask that's an absolute must for oily or blemish prone skin. Helps absorb excess oil, draws out impurities embedded in pores and calm visible redness, and leaves skin looking clearer, smoother and less shiny. May be used as an overnight spot treatment.

# other skincare

## Age Defy:

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- Vitamin C Lactic Cleanser: \$35
- Cranberry Lactic Mask: \$38
- VitaRich Mask: \$33
- VitaRich Serum: \$66
- Antioxidant Moisturizer: \$80
- PeptiDerm Moisturizing Cream: \$100
- Collagen + Elastin Face Cream: \$115
- Vita C Serum: \$105

## Acne Prone:

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- Enzymatic Foaming Cleanser: \$35
- Papaya Pineapple Mask: \$36
- Skin Soothing Concentrate: \$67.60
- Antioxidant Moisturizer: \$80
- RejuvinA

## Brightening:

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- Pumpkin Enzyme Mask: \$37
- VitaRich Mask: \$33
- VitaRich Serum: \$66
- Antioxidant Moisturizer: \$80
- PeptiDerm Moisturizing Cream: \$100
- Vita C Serum: \$105

## Sensitive Skin:

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- Sensitive Skin Cleanser: \$34
- Sensitive Skin Moisturizer: \$66
- Skin Soothing Concentrate: \$67.60





# HERBS + SUPPLEMENTS



\*The items listed in this category are not claimed to treat, heal, or cure any ailment or condition. This is a disclaimer that we do not prescribe any products for this intention.





# 2023 Best Seller!



## ID Life - Daily Gut Support



\$54.79 | The efficient digestion and assimilation of nutrients controls a stable microbiota and perfects your state of well-being. The Gut Support pack targets three components of proper digestion: the breakdown of food into assimilated nutrients, the support of beneficial microflora that controls what is and what is not absorbed into our bodies, and a powerhouse superfood combination packed with nutrients.

# Gut Health & Daily Gut Support

*"All disease begins in the Gut."  
- Hippocrates*



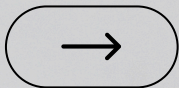
## Why is Gut Health important?

Gut health plays a crucial role in overall wellness due to its profound impact on various bodily functions. A healthy gut contributes to effective digestion and nutrient absorption, ensuring that essential vitamins and minerals are properly assimilated into the body. The gut microbiome, composed of trillions of microorganisms, influences immune function, helping to defend against pathogens and regulate inflammation. A balanced gut microbiome also supports mental health, as it produces neurotransmitters like serotonin, often referred to as the "happy hormone." Additionally, a healthy gut contributes to a robust metabolism and may even affect weight management. Prioritizing gut health through a nutritious diet, adequate hydration, and probiotic-rich foods fosters vitality and resilience, laying a foundation for overall wellness.

## What's in the ID Life Daily Gut Support Supplement?

Every box comes with a 30-day supply of convenient daily strip packs. The box includes 30 single strip packs with **1 Digestive Support and 1 Spirulina/Chlorella Blend for the morning**, and 30 single strip packs with **1 Probiotic+ for the evening**.





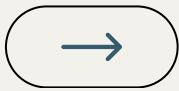
# NEW!

## NATURAL PAIN RELIEF

Pain management made simple with  
REZUME!







# Featured Supplements



## REZUME Dose Pack

REZUME® works on a cellular, systemic level, delivering and reinforcing some of the same great Natural Ingredients found in CRYODERM®. Synergistic herbal extracts that have been used in traditional medicine for centuries are utilized to create a maximizing effect of each individual ingredient. REZUME® also contains other powerful natural ingredients that support healthy anti-inflammatory and pain signal responses.

**\$24.85**



## Dandelion Root Tincture

Dandelion is considered to be energetically sweet, drying, and cooling and was often called upon to clear heat from the liver. It was also used in TCM for its beneficial effect on the stomach and lungs as well as uplifting the mood. Dandelion was traditionally used in many systems of medicine to support digestive and gastrointestinal health

**\$14.50**

**Dead Sea Salts**  
Are superior to any other salts.

Containing the most highly mineralized salts on earth. With 32 essential Minerals.

*Building blocks for life*

12 Mg Magnesium	35 Br Bromide	16 S Sulfur	20 Ca Calcium
53 I Iodine	11 Na Sodium	30 Zn Zinc	19 K Potassium

## Magnesium Calming Cream

Magnesium calms nerves and muscles, aids in the reduction of cramping and hypertonicity, soothes problematic skin, and combats stress and fluid retention. Magnesium works closely with calcium, which is also effective at increasing circulation and is a powerhouse bone and nail strengthener.

**\$38.40**



# other herbs & supplements

## ID Nutrition - Daily Essential Vitamins Pack

\$48

Are you looking for a replacement for your daily multi-vitamin that provides higher quality nutrients in a complete package? Our Essentials Pack comes with our Advanced Daily blend to address your daily nutrient needs, but also includes a powerful Probiotic+ and Omega 3 to round out your essential nutritional support needs.

## Lilikoi Flower Tincture (sourced from Hawaii)

\$60

Lilikoi is a soothing nervine and gentle sedative. Specifically indicated for 'cyclic thinking', this herb can help quell the mind and calm the nerves, promoting an internal environment fit for rest. Cooling in nature and nourishing to the nerves, Lilikoi is helpful in instances of nerve damage and nervousness. Lilikoi also has strong antispasmodic and anodyne (pain relieving) actions, which can help relieve menstrual pain, spastic coughs and muscular twitching. A peaceful herb, Lilikoi can help comfort distress and encourage a serene existence.

## Mamaki Tincture (sourced from Hawaii)

\$60

Hawaiians have used Mamaki for its healing benefits for centuries. It is a sacred herb, revered for its tonic ability to cure all general debilities. It is soothing, nourishing, and fortifying in nature, helping support the body in overall health. Mamaki strengthens the muscles, tissues, and blood and is toning and moisturizing for the skin. It has been used for digestive disorders and can help heal ulcers. Mamaki helps relax the body, while simultaneously supporting the healthy functioning of all systems.

## Other Herbs + Supplements

We carry a variety of other herbs and supplements not featured in this catalog and we have partnered with sourcing companies all around the globe! If you would like to special order a certain herb, tincture, or supplement, please let us know! :)

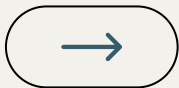




# ESSENTIAL OILS

Our unwavering commitment to sourcing the finest botanicals from around the world, coupled with rigorous Certified Pure Tested Grade standards, ensures each drop is a concentrated masterpiece of nature. Unlike others, doTERRA's ethical partnerships with growers empower communities and uphold sustainable practices. With doTERRA, you're not just choosing essential oils – you're embracing a holistic journey of wellness, backed by science, and crafted with a deep respect for the planet and its inhabitants.





# Featured Oils



## Yarrow|Pom **\$131**

A potent botanical combination, Yarrow|Pom can help soothe and rejuvenate skin when applied topically. And though confirming research is still needed, preliminary studies also suggest the primary chemical components of Yarrow|Pom—including punicic acid (an omega-5),  $\beta$ -Caryophyllene, and chamazulene—have the potential to assist healthy metabolic, cellular, immune, and nervous system function when taken internally.



## DigestZen Blend **\$51**

Whether you're traveling on vacation or to a family event, trying a new recipe, or regretting a big meal, keep DigestZen on hand. Every CPTG Certified Pure Tested Grade® essential oil in the Digestive Blend was chosen with your tummy in mind. Cardamom—a close relative to Ginger—can help maintain a healthy GI system when taken internally. Coriander, Ginger, and Fennel help ease occasional stomach discomfort and indigestion. Peppermint, Anise, and Caraway aid digestion and help maintain a healthy GI tract when consumed.



## Adaptiv Blend **\$54**

When stress and tension are high, Adaptiv Calming Blend can be a reliable tool. Diffuse it when you visit an unfamiliar place, move into a house, start a job, or need to quickly acclimate to new surroundings or situations. Whether an important meeting is coming up, you're worried about tomorrow's test, or Saturday's the big day, keep Adaptiv on hand as you prepare for life's important moments.

# Other Essential Oils



## \*Special Orders available through direct contact

Lavender.....	\$34	Lemongrass.....	\$16
Peppermint.....	\$32	Lemon Eucalyptus.....	\$19
Wild Orange.....	\$15	Lemon.....	\$20
White Grapefruit.....	\$20	Laurel Leaf.....	\$27
Tulsi (Holy Basil).....	\$40	Kumquat.....	\$17
TerraShield Blend.....	\$18	Island Mint Blend.....	\$36
Tea Tree.....	\$35	Grapefruit.....	\$26
Tangerine.....	\$20	Frankincense.....	\$100
SuperMint Blend.....	\$43	Fennel.....	\$22
Sunny Citrus Blend.....	\$35	Eucalyptus.....	\$26
Rosemary.....	\$24	Douglas Fir.....	\$32
Red Mandarin.....	\$25	Cypress.....	\$24
Ravintsara.....	\$28	Copaiba.....	\$51
On Guard Blend.....	\$48	Clove.....	\$24
Myrrh.....	\$90	Citrus Twist.....	\$35
MetaPWR Blend.....	\$29	Citronella.....	\$27
Malama Blend.....	\$46	Breathe Blend.....	\$38
Madagascar Vanilla.....	\$48	Balance Blend.....	\$35
Lime.....	\$19	abode Blend.....	\$33





# Other Products

## Essential Oil Diffusers - \$46+

Rechargeable, motion-activated essential oil diffusers, Wall Plug diffusers, and MORE!

## Locally Sourced Kombucha - \$2+

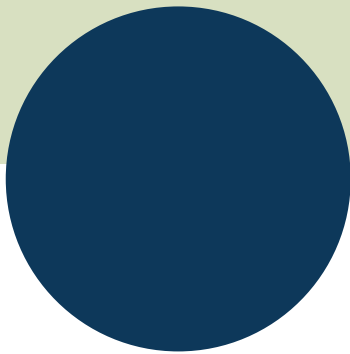
Our Kombucha is locally sourced from right here in rural Nebraska! We carry two year-round flavors; Original and Aronia Berry (infused with home-grown Aronia Berries) as well as seasonal flavors! Available in to-go 4 oz. bottles or bulk 16 oz bottles!

## Non-toxic, Natural Toothpaste - \$15

doTERRA Natural Whitening Toothpaste combines the protective benefits of doTERRA On Guard with other natural ingredients and polishing agents that help clean and whiten the teeth. Hydroxyapatite is a natural oral care ingredient. Experimental research indicates it can help remineralize and restore tooth enamel. To keep your teeth healthy and free of cavities and enamel erosion, the enamel needs to be constantly built back up or remineralized. Hydroxyapatite helps make your teeth feel stronger, smoother, healthier, and less sensitive to hot or cold. Available in two flavors; SuperMint or OnGuard.

BAMBOO MIND & BODY SPA, LLC

*Scan Me!*



# SHOP ONLINE!

SCAN THE QR CODE TO SHOP OUR  
PRODUCTS ONLINE!

\*Shipping or in-store Pick Up Available.



*Thank You*

FOR YOUR SUPPORT!

#supportlocalbusiness